



Occipital Nerve Block

As part of your treatment at Premier Pain Consultants, your doctor will perform a procedure called an OCCIPITAL NERVE BLOCK. This is done by injecting a local anesthetic at the back of your scalp. The purpose of this procedure is to relieve pain and to increase circulation in the area of your pain. The duration of pain relief from this local anesthetic can vary from 1-2 hours to many hours. If your pain is relieved by this procedure, a series of blocks may be desired in an attempt to break the pain cycle, or you may receive cryoanalgesia/radiofrequency ablation.

A physician will explain this block and the possible complications. A written consent will be obtained prior to the procedure. You will be in a sitting or reclining position with your head slightly flexed so that your chin lies close to your chest during the procedure. All measures will be taken to make you as comfortable as possible. The procedure itself takes approximately 10 minutes and you will be observed for another 15 minutes afterwards.

Please be aware the following may occur after the injection: dizziness, weakness, numbness, and lightheadedness. These effects are temporary, lasting 6-8 hours. Infection, nerve damage and bleeding may also occur.

No driving is allowed on the day of the procedure. You must bring someone to drive you home after the procedure.